***The Gang Gang Gazette***

*Week 8, Term 3 (13th September, 2019)*

Principal: Tania Collis Deputy Principals: Rikkie Klootwijk and Deborah Lowrey (A/g)

School Leaders: Marni Payne, Kate Stear, Alex Patterson (A/g) and Kate Bush (A/g)

Board Parent Representatives: Sue Webeck, Tara Pearce and Stephen Van Gerwen

Board Email:  [napsboardreps@gmail.com](mailto:napsboardreps@gmail.com)

P & C President: Jhay Mann [napscommunity@gmail.com](mailto:napscommunity@gmail.com)

## Upcoming Events

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| K-5 Student Led Conference Week | Week 9 |
| Preschool Wetland Excursion | Tuesday 17th September & Friday 20th September |
| CEIS | Tuesday 17th September |
| NAPS preschool P &C meeting @ 7:30pm | Wednesday 18th September @ 7:30pm |
| IEC Graduation | Friday 27 September |
| Term 3 Ends | Friday 27 September |
| Term 4 Start | Monday 14th October |

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| **Notes Home**   * Spring Working Bee (email) * Student Led Conference (note) * Northside Spectacular (note -year 6 band) * ISABELLE ET LA BÊTE (note years 2 to 6) * Schools Reconciliation Challenge (note) * Canberra access Button Battery (email) |
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| **Board**  Next Meeting:  TBA  **P & C**  Next Meeting:  Tuesday, 5th November,7.30pm |

**Dear Families and Friends,**

The coming week is exciting as it is our Student Led Conference Week where students can share their learning with families. Watching and listening to students as they articulate their successes and goals and demonstrate how they are learning and growing enables us all to participate and collaborate in their journey. We are looking forward to seeing you all at some time during the week. Times for the conferences are:

*Wednesday – Whole School, 3.15 – 4.30pm*

*Thursday – Kindergarten, 8:15 – 8.45am*

*Years 1/2 and 3/4, 8.15 – 9.00am*

*Year 5/6 – 9.00-9.30am*

The year 6 Exhibition Check-In is also on Thursday at 9.00 – 9.30am.

**Steptember**

Over the rest of the term, you may see teachers walking together in groups during breaks or taking a peek at their step counter or watch. Why? A group of us are participating in Steptember to help raise money for Cerebral Palsy. Steptember challenges you to walk 10,000 steps every day for 28 days. Thank you to Deb Lowrey who inspires us all each week and leads our wellbeing group who meet every Tuesday to exercise and share some down time after school. Also, thank you to all the staff participating in the challenge.

**Family Meet Up – Epilepsy ACT**

ACT Epilepsy has organised an event this Saturday, 14 September at the Kambah Adventure Playground from 2.00-3.00pm for families who have a member with epilepsy. It will allow families to connect, chat and share stories and ideas. Epilepsy ACT will be providing some fruit and drinks but ask that you bring your own chair. Children are encouraged to play and enjoy themselves (but will need to be supervised). If you would like to attend please let them know at [admin@epilepsyact.org.au](mailto:admin@epilepsyact.org.au?subject=Family%20Meet%20up&body=Hi%20Epilepsy%20ACT%2C%0A%0AWe%20are%20very%20excited%20about%20meeting%20other%20families%20with%20Epilepsy%20and%20would%20like%20to%20come%20along%20to%20the%20Family%20Meet%20up.%0A%0AWe%20expect%20to%20bring%20along%3A%20%20%20%20%20%20%20%20%20(number%20of%20people%20attending)%0A%0AFrom%0Aph%3A)

**Climate Change Action**

This week there will be a school climate strike on 20 September at Glebe Park (12pm-2pm). Yvette Berry, our Minister for Education and Early Childhood Development is supporting all students’ right to take student action in line with the Government’s belief in student voice and agency as demonstrated through the *Future of Education* strategy. If your child is attending the strike, please let us know through the Front Office.

**PSSA News**

****Last week two North Ainslie Primary School 6 graders played in the PSSA Under 12s National School Sports Soccer Tournament held in Canberra. Jebediah J and Boua T were key players for the ACT side which had its best result in over a decade to finish 4th. The team’s highlights were defeating two NSW teams and drawing with the two top teams Victoria and Queensland. Overall the boys won 3 matches, drew another 3 and narrowly lost 1 to South Australia.

All games were played at an extreme pace against the best soccer players in Australia and both boys represented their school and state proudly reaching their physical limits. Next stop, the World Cup in Qatar, 2022.

**P and C**

Our hardworking P and C continue to contribute to our school with two upcoming ways in which you can also help. This Sunday, we are holding a working bee to do some work around the school gardens and Adventure Track. Any time you could offer would be most appreciated and if you would like to stay for lunch, you just need to let them know and bring your own pizza toppings and you will be enjoying a tasty wood fired pizza from our HEHub. They are also running their annual art fundraiser where you can turn your child’s artwork into a range of fabulous products. Thanks to the P and C and our art teacher Sarah Buckley for all the hard work that goes into making this fundraiser such a success.

B**andfest**

This morning was Bandfest for both our year 5 and year 6 bands at Llewellyn Hall.  They had a wonderful time with other bands from across the ACT, celebrating their accomplishments and sharing fantastic music.  Both bands were awarded a ‘Presto’ rating which is the highest achievable. Well done to both bands and our amazing band leader, Kath Bingham.

**Absences**

When you receive an absence notification, via a text message, you are able to respond directly to the school through that text message, without having to ring or send an email. Simply put the reason for the absence in your text and hit send.

Have a wonderful weekend and I hope to see you on Sunday.

Tania Collis

Principal

## Message from the School Counsellor

## Kids and Youth are Kool Post Separation (KAYAKS)

Marymead run a counselling program for children aged 4-18 years whose parents have separated an divorced. 6-8 sessions are provided for each child, with intake and feedback provided separately for each parent. Waitlists are currently quite short. For more information call 6162 5800 or email [intake@marymead.org.au](mailto:intake@marymead.org.au).

## Student Wellbeing Hub

The student Wellbeing Hub has information, advice, tips and training for teachers, parents and families to support children develop skills and behaviours that promote wellbeing. Topics include bullying and online safety. There is also a section for students with resources to help students stay safe and build their wellbeing and resilience.

<https://studentwellbeinghub.edu.au/>

## Learn To Save a lifeLearn to save a life

Many people who are experiencing suicidal thoughts communicate distress through their words or actions, but these warning signs may be missed or misinterpreted. We can all be trained to spot the signs. By building a network in our community, we will strengthen our local safety net. Suicide prevention is everyone’s business.

*Question, Persuade, Refer* (QPR) online training is for people with no assumed knowledge of mental health or suicide prevention.

QPR training will provide you with:

* knowledge and skills to identify warning signs someone may be suicidal
* confidence to talk to them about suicidal thoughts
* connect them with professional careACT Education are partnering with ACT Health to offer QPR for families and school staff. You can register for QPR at this link (where you will be able to create your free login): [http://lifespanresearch.qprtraining.com/setup.php?myorg=ACTEDU](https://aus01.safelinks.protection.outlook.com/?url=http%3A%2F%2Flifespanresearch.qprtraining.com%2Fsetup.php%3Fmyorg%3DACTEDU&data=02%7C01%7C%7C5ec7a45aa16040ce4e6a08d72698a28f%7Cb46c190803344236b978585ee88e4199%7C0%7C0%7C637020309317817089&sdata=l%2B1pJxDQkr%2BqEW6cwVSMLQFzJVAoxi7dAdHBPkfQCcA%3D&reserved=0)

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**P &C NEWS**

## Uniform

Spring is in the air and summer is just around the corner....do you need summer uniform items? As well as new items, the uniform shop has plenty of 2nd hand uniforms, in particular t-shirts, shorts and dresses in smaller sizes. Please pop in to look through our 2nd hand rack and purchase any items needed for the warmer seasons.  The NAPS uniform shop is open Tuesday & Thursday mornings 8:45-9:15am and afternoons 2:45-3:15pm and you can pay by cash or card. If you cannot make it into the shop during these hours, order forms can be placed into the silver boxes.

\* A reminder to please write your child's name on all uniform items. There is a huge amount of unlabelled lost uniforms that continues to grow in the cupboards near the school hall.

## P & C Fundraiser

A reminder that the notes for this year’s art fundraiser need to be returned to the silver post boxes by Friday 20th September using the P&C bank details for payment. Thumbnails of the artworks are available for viewing during Student Led Conferences, on or adjacent to classrooms doors and are still available for last minute purchases. Below are the examples of artwork submitted for this years P & C fundraiser

  

  



## Healthy Eating Hub LogoTERM 3 HEHUB CANTEEN MENU (Open Wednesday, Thursday Friday)

**Recess**

A selection from the following:

Frozen Peas ‘n’ corn cup $1.00 Fruit of the day / Apple slinky $0.50 / $1.00

Pikelets, Popcorn (VG) $0.50 Toasties $1.00 Frozen fruit cup $1.00 Vanilla Yogurt (V, GF) $2.00

Banana muffin (v, DF) $1.00 Cheesy Corn Fritters $0.50

**Lunch**

Vegie sticks Free Fruit of the day $0.50

Vegemite sandwich (VG) $2.00 Vanilla Yogurt (V, GF) $2.00

Tex Mex toasted wrap(V) $2.50 Milk bottle (150ml) $1.50

Soy milk (VG) $2.50 Tuna & cheese toasted sandwich $3.50

Smoothies $2.00 (collect from canteen) Baked Potato with Salsa+/- cheese (GF) $ 3.50

**Daily Lunch Special- $3.50**

**Wednesday: Thursday: Friday:**

*Pizza(V) Italian chicken toasted sandwich (DF) Pasta beef bolognaise (DF)*

## Upcoming Events

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| little athletics  Have fun at Corroboree Little Athletics!  **Come and Try + Information Day:**  Sunday 15th September  10am—12pm  Dickson Playing Fields  Hawdon Pl and Antill St, Dickson  **Season starts Saturday 19 October**  Corroboree welcomes children from all backgrounds and children  with physical or mental disabilities.  Register online at: [**www.corroboreela.com**](http://www.corroboreela.com)  Ph: 0450 928 448 (Garry—President) |

## Young Music Society

# Young music society

**Opportunity to have your say in a discussion about community batteries in Australia**

My name is Hedda and I am a researcher from the Australian National University (ANU) and am looking for (adult) participants to join a small discussion about the potential role of neighbourhood batteries in our energy system. This is not about a specific proposal, but more a possible scenario for the future. We are interested in options for whether we could have batteries that would provide energy for *several* homes.

The discussion will go for 1 hour. As a thank you for your time, you will be gifted a $50 Myers/Coles voucher. **No expertise on energy is required**.

Where: Downer Community Hall

When: Sunday September 22, 2:00PM to 3:00PM

The project has been given approval by the ANU Human Research Ethics Committee (protocol 2019/241).

If you are interested in participating please email myself

([Hedda.ransan-cooper@anu.edu.au](mailto:Hedda.ransan-cooper@anu.edu.au)) with the following information:

Name:

Age:

Gender:

Do you own solar panels or solar panels/battery system?

We are aiming to get a small group of 6-8 participants with a diversity of experiences and backgrounds.