

The Gang Gang Gazette

Week 1, Term 4 (18th October, 2019)

Principal: Tania Collis Deputy Principals: Rikkie Klootwijk and Deborah Lowrey (A/g)

School Leaders: Haeley Simms, Alex Patterson (A/g) and Kate Bush (A/g)

Board Parent Representatives: Sue Webeck, Tara Pearce and Stephen Van Gerwen

Board Email: napsboardreps@gmail.com

P & C President: Jhay Mann napscommunity@gmail.com

Upcoming Events

Preschool Botanical Garden Excursion	Tuesday 22 nd October & Friday 25 th October
Kindergarten Tidbinbilla Excursion	Wednesday 23 October
ISABELLE ET LA BÊTE- French Puppet Theatre	Friday 25 th October
Hackett Preschool Garage Sale	Saturday 26 th October (10am-2pm)

Notes Home

- Year 6 Campbell High Orientation Note
- Inner North Indigenous Cluster Celebration
- 3/ 4 Camp Permission Reminder
- Head Lice Notification (Y 1/2)

Board

Next Meeting:
Tuesday, 5th November, 6.00pm

P & C

Next Meeting:
Tuesday, 5th November, 7.30pm

Dear Families and Friends,

It is lovely to be back at school and ready for another term of great learning. It is very exciting to see the improvements happening around the school. The double-glazed windows have been finished in the double kindergarten, so we now have that whole corridor and the 1/2CTS with upgraded, thermal windows to assist the comfort of our staff and students. The new blinds will be installed in the next week which will finish this project. We will continue to upgrade windows around the school as part of our commitment with the Directorate on improving the learning environment at North Ainslie. Part of this commitment has been the installation of new radiators along with upgrades to our boiler over the last few months. The big project currently taking place is our new roof. This will include the installation of quality insulation across the school. Although it will take several months and we will have scaffolding over different parts of the school as it progresses, the new insulation and roof will have a significant impact on the temperatures in the school. Our sumps and drainage are also being improved as part of this project. In the coming months, our male kindergarten toilet will also be upgraded in conjunction with the ACT Education Directorate. I would like to thank Nadia and Drago who do a great deal of liaison and work to make sure

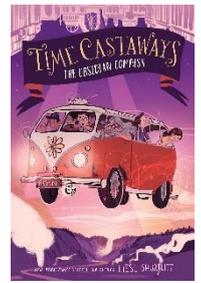
these projects are successful.

Yesterday, 1/2CL were visited by Icon Water and WIN News as part of National Water Week. They participated in an activity about conserving and using water wisely and shared their participation in the tadpole program which is sponsored by Icon Water. They along with many other classes across the school had tadpoles delivered on Tuesday and will follow them and their life cycle as they turn into frogs. To view the news item aired last night on WIN, go to their Facebook Page.

At North Ainslie we strive to be

In Defence of the Graphic Novel

One of the most popular items borrowed from our library is the graphic novel and we have been very lucky to have Rebecca Cameron, our librarian, update our collection and add lots of new titles for our students. She has also shared a wonderful article on why they are so popular and the benefits of having children read them. If you would like to know more, the link for the article is here. <https://nerdybookclub.wordpress.com/2019/10/13/in-defense-of-graphic-novels-and-those-who-read-them-by-liesl-shurtliff/>



Navigating ICT and Social Media

As a parent myself, I often think how lucky I was that my children, both now in their mid-twenties, did not have to learn to navigate the many areas of ICT and Social Media that young people have to contend with today. Their first phones only did two things, text and call, and there was no access to social media, the internet and the apps and games now available on mobile devices. With this in mind, I thought I would share some information and tools for parents of children of all ages as you steer them through understanding how to stay safe online, what a digital footprint is and their responsibility to themselves and others in a digital world.

ACT Education Directorate

Firstly, the ACT Education Directorate has a great page on their website, Being Safe Online with resources for students and parents. There are links with online safety tips, and to pages run by the eSafety Commissioner and the Federal Police. There are tips for understanding and addressing cyberbullying and the Directorate's policies are included on the page. <https://www.education.act.gov.au/support-for-our-students/being-safe-online>

Digital IQ

This is also the time of year that I think about our year 6 students heading off to high school and their growing independence and what this may mean for families. Last year, KidsMatter shared some great tips including what the World Economic Forum calls the eight components of a child's Digital IQ.

- **Digital citizen identity:** the ability to build and manage a healthy identity online and offline with integrity
- **Screen time management:** the ability to manage one's screen time, multitasking, and one's engagement in online games and social media with self-control
- **Cyberbullying management:** the ability to detect situations of cyberbullying and handle them wisely
- **Cybersecurity management:** the ability to protect one's data by creating strong passwords and to manage various cyberattacks
- **Privacy management:** the ability to handle with discretion all personal information shared online to protect one's and others' privacy
- **Critical thinking:** the ability to distinguish between true and false information, good and harmful content, and trustworthy and questionable contacts online
- **Digital footprints:** the ability to understand the nature of digital footprints and their real-life consequences and to manage them responsibly
- **Digital empathy:** the ability to show empathy towards one's own and others' needs and feelings online

Social Media

Social media is a great tool when used appropriately and safely and can connect us to family, friends and the larger world. With any of these platforms, it is also important to understand the privacy settings, how they work and what type of content is available through the app. One of the newer, popular apps is Tik Tok and Justin Coulson recently shared a great article for parents in order to help them understand it and talk to their children about its use. You can access the article through this link. <https://slate.com/technology/2018/09/tiktok-app-musically-guide.html>

Just a reminder that Tik Tok, along with Instagram and Facebook, and many other social media apps require users to be aged 13 before they sign up as required under the Child Online Privacy Protection Act (COPPA).

Gaming

Finally, you might like to use the internet yourself, and watch some catch up tv on iView, and we can compare notes in the courtyard. My son recently shared a new tv program with me - Help! My Kid Is A Gamer! The five-part series is hosted by Nich Richardson who looks at the research and data to answer the questions all parents have. His aim is to help us to sort out the facts from the fiction and to enable us to have mature and informed conversations with our children. He interviews a range of experts including university professors, psychologists, doctors, technology experts, behavioural scientists and parents who specialise in gaming and technology.

Each episode starts with a question which Nich aims to answer. The subjects addressed across 5 episodes are:

- Classification & Violence
- Screen-time & Addiction
- Microtransactions & Loot-Boxes
- Parent Controls & Safety
- Benefits of gaming

<https://iview.abc.net.au/show/help-my-kid-is-a-gamer>

Soccer clinics

This week our students in years 3-6 participated in clinics with Coerver Coaching and had a great time. The feedback from the coaches about our students was overwhelmingly positive so we are proud of all of them and how they displayed such principled, sporting behaviour on Wednesday. They will be running clinics at North Ainslie after school for the rest of the term to add to the other groups who provide after school opportunities for our students.

I hope you have a wonderful weekend.

Tania Collis (Principal)

P & C NEWS



Get ready!

It's the annual

Hackett Preschool Garage Sale

As with previous years the preschool is looking to the Hackett community for support.

We are welcoming donations of

kids clothes
TOYS books
BRIC-A-BRAC and

Chocolate Wheel Prizes

SAT 26 OCT 10am-2pm

Drop-off second-hand items at the preschool:

Saturday 12 October	1 - 3 pm
Wednesday 16 October	3.15 - 4 pm
Saturday 19 October	1 - 3 pm
Wednesday 23 October	3.15 - 4 pm

Corner of Maitland & Mills Streets Hackett.
Chocolate wheel donations contact sarah.ailwood@canberra.edu.au

We are unable to accept big items, electronic goods, adult clothes or items in poor condition.

At North Ainslie we strive to be

Mangos!

The P&C is once again selling trays of mangos to raise money for the HeHub Garden. Order online at the P&C's new website, napspc.com.au by **Friday 25 October**. \$25 per tray

Mangos are expected in the week starting 15 December.




 North Ainslie Primary School
PnC Fundraiser
Movie Night!


FRIDAY
22
NOVEMBER
2019

5.30PM-7.30PM
JUNIOR OVAL
 BYO BLANKET AND ENJOY
 LIVE ENTERTAINMENT
 AND A MOVIE!
 SCREENING:
'TROLLS'



FOOD FROM 5.30PM,
MOVIE STARTS 7.45PM.
GOLD COIN DONATION.
SAUSAGE SIZZLE, VEGE
NACHOS, DESSERT STALL,
AND MORE!




At North Ainslie we strive to be

TERM 4 HEHUB CANTEEN MENU (Open Wednesday, Thursday Friday)



Recess

A selection from the following:

Frozen Peas 'n' corn cup	\$1.00	Fruit of the day / Apple slinky	\$0.50 / \$1.00
Pikelets, Popcorn (VG)	\$0.50	Toasties	\$1.00
Frozen fruit cup	\$1.00	Vanilla Yogurt (V, GF)	\$2.00
Banana muffin (v, DF)	\$1.00	Cheesy Corn Fritters	\$0.50

Lunch

Vegie sticks	Free	Fruit of the day	\$0.50
Vegemite sandwich (VG)	\$2.00	Vanilla Yogurt (V, GF)	\$2.00
Tex Mex toasted wrap(V)	\$2.50	Milk bottle (150ml)	\$1.50
Soy milk (VG)	\$2.50	Tuna & cheese toasted sandwich	\$3.50
Smoothies \$2.00 (collect from canteen)		Baked Potato with Salsa+/- cheese (GF)	\$ 3.50

Daily Lunch Special- \$3.50

Wednesday:

Pizza(V)

Thursday:

Chicken Burger (DF)

Friday:

Sushi Tuna or Veg (GF, DF)

Upcoming Events

COERVER® SKILLS CLINIC
COACHING

**COERVER® COACHING ACT
NORTH AINSLIE PRIMARY SCHOOL
SKILLS CLINIC 2019**

WHEN: WEDNESDAY 23RD OCTOBER - WEDNESDAY 11TH DECEMBER
TIME: 3:15PM - 4:15PM
VENUE: NORTH AINSLIE PRIMARY SCHOOL, MAJURA AVE, AINSLIE

REGISTER NOW:
coerveract.com.au/courses/north-ainslie-primary-school-skills-clinic
admin@coerveract.com.au
 0422 420 383

Logos: adidas, Coerver Coaching, North Ainslie Primary School, and 'THE WORLD'S NO.1 SOCCER SKILLS TEACHING METHOD'.

At North Ainslie we strive to be

Learn to March
Learn to Dance

Classes starting
4pm
17 October 2019
@ Hall Pavilion
Hall ACT



call 0439710988

LAKE TUGGERANONG COLLEGE INVITES YOU TO

ARTS FESTIVAL

13TH - 20TH NOVEMBER 2019

13TH NOVEMBER OPENING AT 1PM
LTC LIBRARY
canapés provided

CELEBRATING ARTS, PHOTOGRAPHY & MEDIA

MON-FRI 9:30AM - 5:30PM
SAT 10AM - 4PM
SUN 12PM - 4PM

Image by Alysia Holmes

At North Ainslie we strive to be