Dear Families and Friends,

Over the last week, we have had our Information Sessions for 2017 culminating in the final kinder to year 5/6 sessions and our community welcome last night. On a very hot, summer night we had a huge turnout and were so pleased to see many families joining us to find out about our programs for the year. Many then stayed on for a picnic or to have a sausage sandwich from our P & C barbecue (they cooked 500 sausages) and our discos for students. DJ Cliff commented on how well all our students joined in for the dancing and fun and it was a great night to start the term. If you were unable to join us, please ensure you get a copy of the term overviews which were available last night and you make a booking for a ‘Getting to know you’ interview with your child’s teacher.

We have had a few changes in staff this year, and the addition of some new programs in the school so I have included a list of teaches in this newsletter. I am also including an article from our school psychologist, Shauna Browning, who is with us every week from Wednesday to Friday and is a wonderful asset to our school. Have a great weekend and stay safe during the continued heat.

Tania Collis
Principal

Notes Home
- Detailed Information Check Sheet
- Term Overviews
- Interview notes
- Medical Consent Forms
- Kindergarten Health Checks and PIPS Pamphlet

Board
Next Meeting:
Tuesday 21 Feb, 6.00pm

P & C
Next Meeting:
Tuesday 21 Feb, 7.30pm
At North Ainslie we strive to be

<table>
<thead>
<tr>
<th>Inquirers</th>
<th>Knowledgeable</th>
<th>Thinkers</th>
<th>Communicators</th>
<th>Principled</th>
<th>Open-minded</th>
<th>Caring</th>
<th>Risk-takers</th>
<th>Balanced</th>
<th>Reflective</th>
</tr>
</thead>
</table>

Staff members 2017

Tania Collis  Principal
Daniel Breen and Rikkie Klootwijk  Deputy Principals
Debbie Lowrey and Kate Stear  Executive Teachers
Shauna Browning  School Counsellor
Nadia Murad  Business Manager
Drago Morarевич  Building Service Officer

Preschool (Exec: Debbie Lowrey)
Jillian Burnett (Hackett, beg of week)  Classroom Teacher
Simone Hobday (Hackett, end of week)  Classroom Teacher
Sue Corrigan (North Ainslie)  Classroom Teacher
Dani Neuman (Release across both campuses)  Classroom Teacher

Kindergarten (Exec: Tania Collis)
Danielle Godwin  Classroom Teacher
Leah Frezza  Classroom Teacher
Nada Ninchich  Classroom Teacher
Shamus Morton  Classroom Teacher

Year 1/2 (Exec: Kate Stear)
Tracey Amato  Classroom Teacher
Kate Bush  Classroom Teacher
Karen Green  Classroom Teacher
Fiona Hemmings  Classroom Teacher
Sharon Hickey  Classroom Teacher
Meredith Regan  Classroom Teacher
Megan Mears  Classroom Teacher
Kirsten Waldron  Classroom Teacher

Year 3/4 (Exec: Dan Breen)
Ellen Caulfield  Classroom Teacher
Amanda Collins  Classroom Teacher
Sarah Edwards  Classroom Teacher
Rebekah King  Classroom Teacher
Emily Meagher  Classroom Teacher
Kirsty Miller  Classroom Teacher

Year 5/6 (Exec: Rikkie Klootwijk)
Remana Ashton  Classroom Teacher
Gemma Duggan  Classroom Teacher
Daniel Madden  Classroom Teacher
Megan Toy  Classroom Teacher
Vanessa Valois  Classroom Teacher

LSUA (Exec: Rikkie Klootwijk)
Karen Hadobas  Classroom Teacher
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Knowledgeable
Thinkers
Communicators
Principled
Open-minded
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Risk-takers
Balanced
Reflective

Newsletter
10 February 2017

Introductory English Classes (Exec: Debbie Lowrey)
Nancy Mendes dos Santos
Rashmi Paneswar
Travis Thurston

Specialist Teachers (Exec: Tania Collis)
Kath Bingham
Sarah Buckley
Patricia Hamilton
Rachel Levinson/ Amy Pepper
Jo Parry

Learning Support Team (Exec: Kate Stear)
Sue Chalmers
Sonia Howarth/Sue Engel

LSA
Marie Kuipers
Karen Merryfull
Jane Stainthorpe
Anna Garvin
Jafaar Elshik
Jack Leyne
Caitlin Munoz
Chris Olsen
Daisy Singh
Anna Voudouris
Penni Watts

Front Office
Meenakshi Mahajan
Jo Munoz
Kathleen Hancock

Classroom Teacher
Classroom Teacher
Classroom Teacher

Performing Art
Visual Art
French
Environmental Science and HeHub
Library
K-2
3-6
Preschool Assistant
Preschool Assistant
LSUA
IEC
Student Support
Student Support
Student Support
Student Support
Student Support
Student Support
Student Support

Administration
Workload/Administration
Student Support and Administration
Assemblies 2017

This year we will be trialling running assemblies in 2 groups in term 1 and part of term 2. Please check to see which assemblies you will be attending and when you will be hosting.

<table>
<thead>
<tr>
<th>Group 1</th>
<th>Group 2</th>
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</thead>
<tbody>
<tr>
<td>KM</td>
<td>3/4E</td>
</tr>
<tr>
<td>1/2M</td>
<td>3/4AC</td>
</tr>
<tr>
<td>1/2A</td>
<td>3/4K</td>
</tr>
<tr>
<td>Senior IEC</td>
<td>3/4KM</td>
</tr>
<tr>
<td>5/6W</td>
<td>3/4KM</td>
</tr>
<tr>
<td>5/6V</td>
<td>3/4EC</td>
</tr>
<tr>
<td>5/6A</td>
<td>3/4EC</td>
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</tbody>
</table>

**Roster**

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Group 1</th>
<th>Group 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week</td>
<td>Hosts</td>
<td>Hosts</td>
</tr>
<tr>
<td>3</td>
<td>1/2M &amp; 3/4E</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>1/2B &amp; 3/4AC</td>
<td>6</td>
</tr>
<tr>
<td>7</td>
<td>1/2A &amp; Senior IEC</td>
<td>8</td>
</tr>
<tr>
<td>9</td>
<td>1/2FH &amp; 3/4K</td>
<td>10</td>
</tr>
<tr>
<td>Term 2</td>
<td></td>
<td></td>
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<tr>
<td>1</td>
<td>5/6W &amp; KN</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>5/6V, 5/6A &amp; KM</td>
<td>4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week</th>
<th>Audience</th>
<th>Hosts</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>JUNIOR SCHOOL</td>
<td>1/2M 1/2R 1/2A</td>
</tr>
<tr>
<td>6</td>
<td>SENIOR SCHOOL</td>
<td>3/4E 3/4EM 3/4C</td>
</tr>
<tr>
<td>7</td>
<td>JUNIOR SCHOOL</td>
<td>1/2B 1/2G 1/2SH</td>
</tr>
<tr>
<td>8</td>
<td>SENIOR SCHOOL</td>
<td>3/4AC 3/4KM 3/4K</td>
</tr>
<tr>
<td>9</td>
<td>JUNIOR SCHOOL</td>
<td>1/2FH 1/2W Junior IEC</td>
</tr>
<tr>
<td>10</td>
<td>SENIOR SCHOOL</td>
<td>5/6 (SHOWCASE)</td>
</tr>
</tbody>
</table>
Hi NAPS families!

My name is Shauna Browning, and I’m lucky enough to be the School Psychologist at your wonderful school. Some of you may have met me in Terms 2 and 3 last year, and I am really pleased that I am now back for 2017. I’m here every Wednesday, Thursday and Friday for the entire year.

The start of a new school year can be an extremely exciting time for both students and their families. For some of us, it can also be a time of worry and apprehension. The problem with these things is that they force us to put our energy into what’s happened in the past, or what will happen in the future, and we forget about the present moment. It’s like driving with your lights off. One way to “turn the lights back on” is to train our attention to focus on the present. This can be done through a practice called mindfulness. Mindfulness has been linked to a range of positive outcomes, including improved memory and attention, and lower levels of stress. Research on mindfulness in children indicates that students who practice this skill have greater capacity to make good choices and increased self-awareness.

The brilliant people at Smiling Mind, in partnership with ABC radio, have developed a series of guided mindfulness meditations specifically to support students, parents and teachers in the transition into the new school year. Mindfully can be accessed via the ABC radio website www.abc.net.au. Smiling Mind also have a great app (both Apple and Android devices) which offers further resources, set out by age group.

Like anything, practice makes perfect, so make it part of your daily morning routine, or your car rides home. I really encourage you to give it a go.

Have fun!

Kind regards,
Shauna Browning
P & C News

P&C BBQ
Thanks for all your support at the P&C BBQ on Thursday night, it was a huge success. Thanks to all the parents who helped man the BBQ and sell sausages/drinks. We would like to say a particular thank you to the following students who also worked so hard on the evening.
Nicola (P & C President)

P&C Meeting - 7:30pm, Tuesday 21 February 2017 – ALL WELCOME
Come and see what a P&C meeting is like, and consider joining the fun team in 2017 as an Office Bearer, or come along to listen and share your view. Each Term meetings are held on Tuesday of week 4 and week 8 @ 7:30pm.

NAPS P&C Office Bearer positions change at the Term 1 Week 8 meeting and run for one to two years. This year some members are required to stand down as they have served for two years in the position. If you have never been part of a P&C before and are interested there is plenty of assistance and help. Fundraising for the school is a team effort. Come along to the Week 4 meeting and see how you can help create a lovely healthy learning environment at NAPS.

Alternatively, consider being part of the 2017 Green Team to run the BGGS (Big Green Garage Sale) or join the Fiesta Team. If you would like to know more either email napscommunity@gmail.com or turn up to our Term 1 meetings:
· Week 4 - Tuesday 21 February and
· Week 8 - Tuesday 21 March – Office Bearer positions decided.

2016 was a fantastic year, thank you to all the NAPS staff and volunteers. We look forward to meeting you in 2017. The more the merrier, give it a go!

Cath Zasiadczyk (P&C Secretary)

Uniform Shop
If you find our uniform shop closed on Thursday, it’s because we need more volunteers. If you can spare half an hour, once a fortnight on Thursday morning (8:45 – 9:15am) or Thursday afternoon (2:45 – 3:15), please call or text Frances on 0418 328 674 or email: francesverrier@gmail.com

SC-ORE School Orienteering
SC-ORE (School Orienteering) is a 4 week interschool orienteering challenge for years 3-6. It is conducted as a 4 person relay with teams made up of 2 girls and 2 boys. It is held before school on the final four Thursdays in Term 1 2017. The upcoming SC-ORE Autumn 2017 series starts on March 16. The locations are Hawker Primary (16 March), Fraser Primary (23 March), Kaleen Primary (30 March) and Aranda Primary (6 April). Children are required to be taken to the 4 separate venues by their parents or responsible guardians. The events start at 8am and conclude in time for children to get to school at 9:00am. Cost is $20 per child.

Registration can be made directly on the Orienteering ACT website. However, if you’d like to send me an email I’d be happy to coordinate putting together some North Ainslie teams and potentially car pooling for the events. Stephanie (Xavier, Hannah and Caleb’s mum)
stephaniequispes@yahoo.com.au

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**School Banking**

Join the Dollarmites on a savings adventure into the future with School Banking!

In 2017, School Banking is getting children excited about the future with a brand new look for the Dollarmites. As Future Savers, students will join the Dollarmites on a journey to reach the Savings Hover Park, an amazing playground up in the clouds of a hi-tech city.

There are **8 new reward items for 2017** from the Future Savers range: Cyber Handball, Colour Change Markers, 3D Chalk Set, Tablet Case, Smiley Emoji Keyring, Volt Handball, Pencil + Tech Case and Epic Earphones

**WIN a family adventure holiday at Tokyo Disneyland!**

This year, School Banking is running a Future Savers Grand Prize competition that will take one lucky School Banker all the way to Tokyo, Japan. The winner gets an unforgettable family trip, for up to two adults and three children, where they'll explore Tokyo Disneyland with its amazing attractions, including the futuristic Tomorrowland, plus enjoy the fun rides at Tokyo DisneySea.

Students who make 15 or more School Banking deposits by the end of Term 3, 2017 will be automatically entered into the draw. This is another great way to motivate students to save regularly and reach their savings goals.

School Banking is also a great fundraiser for our school. Our school receives from the Commonwealth Bank $5 when a student makes their first ever School Banking deposit and 5% on every deposit made through the school (to a maximum of $10 per individual deposit).

If you would like to know more about School Banking, please ask for a 2017 School Banking program information pack from the school office or visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking) to register.

**TERM 1 HEHUB CANTEEN MENU (Open Wednesday, Thursday Friday)**

### All week - Recess

A selection from the following:

- Fruit and yogurt Cup $1.00
- Peas “n”corn cup $1.00
- Fruit of the day / Apple slinky $0.50 / $1.00
- Pikelets $0.50
- Toasties $1.00
- Apple & cinnamon muffin $0.50

### All week - Lunch

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Vegemite sandwich(VG)</td>
<td>$2.00</td>
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<tr>
<td>Tex Mex toasted wrap(V)</td>
<td>$2.00</td>
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<tr>
<td>Soy milk (VG)</td>
<td>$2.50</td>
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<tr>
<td>Fruit of the day</td>
<td>Free</td>
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<tr>
<td>Rainbow wrap(with egg free mayo)</td>
<td>$3.00</td>
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<tr>
<td>Milk bottle (150ml)</td>
<td>$1.50</td>
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<tr>
<td>Tuna &amp; cheese toasted sandwich</td>
<td>$3.00</td>
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</tbody>
</table>

**Daily lunch Special - $3.00**

<table>
<thead>
<tr>
<th>Day</th>
<th>Menu</th>
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<tbody>
<tr>
<td>Wednesday</td>
<td><strong>Pizza(V)</strong></td>
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<tr>
<td></td>
<td>Smoothies $2.00</td>
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<tr>
<td>Thursday</td>
<td><strong>Italian Chicken toasted sandwich(DF,GF)</strong></td>
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<tr>
<td></td>
<td>Smoothies $2.00</td>
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<tr>
<td>Friday</td>
<td><strong>Veg Sushi(VG) or Chicken Sushi(GF)</strong></td>
</tr>
<tr>
<td></td>
<td>Smoothies $2.00</td>
</tr>
</tbody>
</table>
Upcoming Community Event

Uni North Owls Rugby

We would like to promote a U8 girls netball team with the Inner North Netball Club. A number of girls from North Ainslie had lots of fun participating in the Netsetgo program last year and now they are ready to play in the Saturday comp! If your child is interested joining an U8 team, please register at http://www.innc.asn.au/ by the 18th February. You can request that your child is placed in a team with other North Ainslie Primary School children. The Facebook page has more information about the club https://www.facebook.com/innernorthnetballclub/