

The Gang Gang Gazette

Week 5, Term 1 (8th March, 2019)

Principal: Tania Collis **Deputy Principals:** Rikkie Klootwijk and Deborah Lowrey (Acting)

School Leaders: Marni Payne, Kate Stear Alex Patterson, and Kate Bush

P & C President: Trudy Green napscommunity@gmail.com

Board Parent Representatives: Amanda Galbraith, Tara Pearce and Sue Webeck

Board Email: napsboardreps@gmail.com

Upcoming Events

2019

Canberra Day	Monday 11 th March
NAPS Swimming Carnival	Tuesday 12 th March
Kindergarten water fun day	Tuesday 12 th March
Year 5/6 Oz Tag	Wednesday 13 th March
Junior assembly hosted by 1/2CL & 1/2KW	Friday 15 th March
Year 5/6 Oz Tag	Wednesday 20 th March
Harmony Day	Thursday 21 st March

Notes Home

- 5/6 RBG Documentary
- 5/6 Xylophone Ensemble note
- 3/4 Home learning information

Board

Next Meeting:
Tuesday 26th Mar 2019, 6.00pm

P & C

Next Meeting:
Tuesday 26th Mar 2019, 7:30pm

Dear Families and Friends,

It is hard to believe that we are now half way through the term. Whilst in some ways it can feel like a whirlwind, in others it is easy to see that five weeks have gone by. When you walk around the school, you can see the relationships built up over the term between staff, students and our community. New students have settled in and classes hum with the sounds of learning. Display boards are filling up and students are talking about new and exciting topics.

Yesterday I spent some time with a small group of year 3/4 students who were co-constructing a text to persuade the reader. I enjoyed listening to them articulate their choices as authors and listen to the ideas of others. The attributes of the Learner Profile were certainly on display.

Swimming Carnival and Junior Water Fun Day

On Tuesday we have our Junior Water Fun Day here at NAPS for our kindergarten and junior IEC students. This is always a fun and engaging morning with lots of laughter amongst some of our younger students. Students in years 1-6 will be heading to Dickson Pool for our annual swimming carnival. Swimming protocols that need to be followed are:

- Students must wear appropriate shoes
- Students must wear a rash shirt/t-shirt in and out of the water and an approved SunSmart hat at all times when they are out of the water - Singlets will not be allowed
- Students should also bring sunscreen to apply regularly

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- Students will need to pack a towel, goggles, drink bottle, recess and lunch for the day
- Students will also need to bring a change of clothes and a plastic bag to put wet belongings in

It is also important that you arrive to lines on time on Tuesday morning as 5/6 classes will be leaving immediately after lines from the courtyard with other year levels quickly following.

My own children are adults now but I still have fond memories of reading with them when they were younger and enjoying many times re-sharing our favourite stories. I also remember sometimes being amazed by their capacity to read the same book, or watch the same movie, over and over again. However, there is a good reason for their love of the repetitive which also relates to re-reading the same book they bring home as part of our home learning program.

We often hear about the benefits of reading storybooks at bedtime for promoting vocabulary, early literacy skills, and a good relationship with your child. But the experts haven't been in your home, and your child requests the same book every single night, sometimes multiple times a night. You both know all the words off by heart. Given activities occurring just before sleep are particularly well-remembered by young children, you might wonder if all this repetition is beneficial. The answer is yes. Your child is showing they enjoy this story, but also that they are still learning from the pictures, words, and the interactions you have as you read this book together.

Kids want repetition

A preference for familiarity, rather than novelty, is commonly reported at young ages, and reflects an early stage in the learning process. With age and experience, the child's interests shift to novelty seeking. Your child's age affects the rate at which they will learn and remember information from your shared book-reading. Two key principles of memory development are that younger children require longer to encode information than older children, and they forget faster. For example, one-year-olds learn a sequence of new actions twice as fast as six-month-olds. And while a 1.5-year-old typically remembers a sequence of new actions for two weeks, two-year-olds remember for three months. Two-dimensional information sources, like books and videos, are however harder to learn from than direct experiences. Repeated exposure helps children encode and remember from these sources.

How do kids learn from repetition?

Being read the same story four times rather than two times improved 1.5- and two-year olds' accuracy in reproducing the actions needed to make a toy rattle. Similarly, doubling exposure to a video demonstration for 12- to 21-month-olds improved their memory of the target actions. Repeated readings of the same storybook also help children learn novel words, particularly for children aged three to five years. Repetition aids learning complex information by increasing opportunities for the information to be encoded, allowing your child to focus on different elements of the experience, and providing opportunities to ask questions and connect concepts together through discussion. You might not think storybooks are complicated, but they contain 50 per cent more rare words than prime-time television and even college students' conversations. When was the last time you used the word giraffe in a conversation with a colleague? Learning all this information takes time.

How parents can support repetitive learning

*The next time that familiar book is requested again, remember this is an important step in your child's learning journey. You can support further learning opportunities within this familiar context by focusing on something new with each retelling. One day look more closely at the pictures, the next day focus on the text or have your child fill in words. Relate the story to real events in your child's world. This type of broader context talk is more challenging and further promotes children's cognitive skills. You can also build on their interests by offering books from the same author or around a similar topic. If your child currently loves *Where is the Green Sheep?* look at other books by Mem Fox, maybe *Bonnie and Ben* rhyme again (there are sheep in there too). Offer a wide variety of books, including information books which give more insight into a particular topic but use quite different story structures and more complex words.*

Remember, this phase will pass. One day there will be a new favourite and the current one, love it or loathe it, will be back on the bookshelf.

*This article is republished from *The Conversation*.*

House Captains

Last week we had our first house meeting for the year and students voted for their house captains and vice captains. Well done to everyone who nominated and congratulations to the sports leaders for 2019.

Kingfishers	Cockatoos	Rosellas	Parrots
<p><i>Captains</i> Samantha C Ollie N</p>	<p><i>Captains</i> Evie S-C Boua T</p>	<p><i>Captains</i> Ava L Zac O</p>	<p><i>Captains</i> Abbie S Otis J-R</p>
<p><i>Vice Captains</i> Alice M Brandon V</p>	<p><i>Vice Captains</i> Claudia G Arun J M</p>	<p><i>Vice Captains</i> Ashley O-A Jayden B</p>	<p><i>Vice Captains</i> Katherine M Jeb J</p>

NAPS welcomed Mr Idriss Barhon, Counsellor, Embassy of the Kingdom of Morocco

On Monday last week the school welcomed a special guest from Morocco thanks to our wonderful French teacher, Madame Patricia. She has organised an amazing project for some of our students and would like to share some information about the upcoming learning.

Mr Barhon joined us at morning lines to help me announce our special project. He spoke to students about his beautiful country and the significance of French as an international language, including in Australia. He was impressed by the range of thoughtful questions from students on issues such as population, currency, food, important cities and language.



The Embassy of the Kingdom of Morocco is supporting NAPS as we prepare our entry for a Canberra-wide Francophonie competition for Primary Schools. In Art and French lessons this term, Year 3/4 students are developing their French and artistic skills as they create a collective artwork of Moroccan-style tiles using patterns, colour, language and understanding of culture. Merci to Mr Idriss Barhon for providing some resources for our project! Madame Patricia

Have a wonderful long weekend happy reading to everyone.

Tania Collis
Principal

National Ride2School Day Friday 22 March

Arrive at school at 8:30 am

It's National Ride to School Day. Join hundreds of schools across Australia celebrating riding, walking, scooting and skating to school on Friday 22 March 2019! National Ride2School Day is held around Australia in March every year. Walk or ride to school on bikes, scooters, skateboards, rollerblades, roller shoes, anything with wheels that gets you moving. We are holding this national event to encourage students to become more active as part of a healthy lifestyle.

Upon arrival to school, students can pick up a piece of fruit and check in at the safety station where volunteers from the school and community will be doing a safety check on gear. Students will receive stickers, and a chance to enter a draw for some great prizes donated by local bike shops. Walkers included.

Please remember you must wear your helmet, obey road rules and ride safe.

As it is National Ride to School Day, the Adventure Track will be open in the morning from 8.30am during which time a teacher will be on duty! Take a spin around the track before heading into the safety station on the oval.

Parent volunteers are needed to help with cutting fruit and the safety check of bikes on the day –

Please see the front office or Rachel Levinson

State Rep

Congratulations to Jack M who recently represented the ACT at the NSW OZ Tag Junior State Cup in the under 9 age group in Sydney. The team had 6 games in total where they won 4 and 2 were a draw. They made the quarter finals on Sunday and lost by 1 try. Well done to Jack who is pictured here in the bucket cap.



PACH News



This week students in Personal and Community Health (PACH) have enjoyed preparing salad and cheese Pita Pockets! When preparing food together, students gain a sense of accomplishment, enjoyment, as well as essential life skills.

Pita breads are a versatile and tasty option for any meal. To make the Pita Pockets students sliced and grated vegetables and cheese. Students then brainstormed their own variations of this basic recipe. Some of these included:

- A breakfast pita with eggs
- A Mexican style pita pocket with beans, avocado, salad and sour cream
- A sweet pita with ricotta cheese, banana and honey.

Many students were keen to make these at home! We would love to see what combinations your family creates! Send your photos to amy.pepper@ed.act.edu.au. Your junior chef may like to use this procedure this weekend.

Pita Pockets

Ingredients

Lettuce leaves
Cucumber
Carrot

Tomato
Salad dressing or hummus
Capsicum

Tasty Cheese



Procedure

1. Gather your ingredients
2. Tear or cut your lettuce leaves into pieces
3. Cut cucumber and capsicum into slices
4. Grate the carrot
5. Grate the cheese
6. Place all of the ingredients into the Pita Pocket
7. Add some dressing or hummus



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P & C NEWS



Firstly, thanks to all those that helped out with the BBQ at the Bush Dance. The money raised went towards paying for the band.

The P&C met for the first time in 2019 on the 26 February. A focus of the meeting was helping support the Learning Support Unit complete some upgrades to their outdoor space. We agreed to contribute \$2000 towards the improvements and to make the LSU and the Senior quad the focus of this year's working bee. The working bee will be on **Sunday 31 March**, and will be a pre-celebration for World Autism Awareness Day on Tuesday 2 April.

We also discussed plans for the Sustainability Fair, including contingencies if the Federal Election is called for the 18th May. We need a few more hands to make the fair happen. If you can help in any way, please contact us via napscommunity@gmail.com

Our Annual General Meeting (AGM) will be held on **Tuesday 26 March, from 7pm in the staff room**. We will start with drinks and nibbles at 7pm, with the AGM commencing around 7:30pm. Watch out for the special email explaining the importance of the AGM and some of the ways you can be involved.

Trudy (P&C President)

SAVE THE DATE

North Ainslie Primary School (NAPS)

Sustainability Fair

Sunday 19 May 2019 10am-2pm

Celebrate sustainability this autumn!

Following on from the success of our inaugural Sustainability Fair in 2018, the NAPS P&C will be running the event again in 2019.

Save **Sunday 19th May** in your diaries and bring the family for a wonderful event. There will be enthusiastic speakers, delicious food stalls, entertainment and demonstrations by our community partners.

How can you get involved?

If you are interested in being part of the Sustainability Fair, any contribution is welcome, please email napscommunity@gmail.com.

We warmly welcome your participation!

Further information will be provided via School Newsletters, NAPS Parents & Carer's FB Group, and email communication. We will keep you posted.

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TERM 1 HEHUB CANTEEN MENU (Open Wednesday, Thursday Friday)**Recess**

A selection from the following:

Frozen Peas 'n' corn cup	\$1.00	Fruit of the day / Apple slinky	\$0.50 / \$1.00
Pikelets, Popcorn (VG)	\$0.50	Toasties	\$1.00
Frozen fruit cup	\$1.00	Vanilla Yogurt (V, GF)	\$2.00
Banana muffin (v, DF)	\$1.00	Cheesy Corn Fritters	\$0.50

Lunch

Vegie sticks	Free	Fruit of the day	\$0.50
Vegemite sandwich (VG)	\$2.00	Vanilla Yogurt (V, GF)	\$2.00
Tex Mex toasted wrap(V)	\$2.50	Milk bottle (150ml)	\$1.50
Soy milk (VG)	\$2.50	Tuna & cheese toasted sandwich	\$3.50
Smoothies \$2.00 (collect from canteen)			

Daily Lunch Special- \$3.50**Wednesday:**

Pizza(V)

Thursday:

Italian chicken toasted sandwich (DF)

Friday:

Veg Sushi (VG),

Tuna Sushi (GF)