

# The Gang Gang Gazette

Week 9, Term 1 (5<sup>th</sup> April, 2019)

**Principal: Tania Collis      Deputy Principals: Rikkie Klootwijk and Deborah Lowrey (Acting)**

**School Leaders: Marni Payne, Kate Stear, Alex Patterson, and Kate Bush**

**P & C President: Trudy Green    [napscommunity@gmail.com](mailto:napscommunity@gmail.com)**

**Board Parent Representatives: Amanda Galbraith, Tara Pearce and Sue Webeck**

**Board Email: [napsboardreps@gmail.com](mailto:napsboardreps@gmail.com)**

## Upcoming Events

Nth Gungahlin Swimming Carnival	Monday 8 <sup>th</sup> April
Bubble Fundraising Sales	Tuesday 9 <sup>th</sup> April (continues Wednesday and Thursday)
Preschool Constable Kenny Koala visit	Tuesday 9 <sup>th</sup> April & Thursday 11 <sup>th</sup> April
3/4 Oz Tag	Wednesday 10 <sup>th</sup> April
World Autism Awareness Day Celebration	Thursday 11 <sup>th</sup> April @ 10.30am
IEC Class Graduation	Friday 12 <sup>th</sup> April @ 12 Noon
Term 1 Ends	Friday 12 <sup>th</sup> April
Term 2 Starts	Monday 29 <sup>th</sup> April
2020 P-6 Enrolments Open	Monday 29 <sup>th</sup> April
ANZAC Assembly (hosted during morning lines)	Tuesday 30 <sup>th</sup> April
Peer Support Training	Wednesday 1 <sup>st</sup> May

### Notes Home

- Year 6 Lyneham High Concert
- Headlice Notification (Yrs 1/2 & 3/4)
- Kindergarten PIPS
- National Portrait Gallery Visual Thinking strategies project (3/4LOF & 3/4SD)

### Board

Next Meeting:  
Tuesday 21<sup>st</sup> May 2019, 6.00pm

### P & C

Next Meeting: Special AGM  
Monday 6<sup>th</sup> May 7:30pm

### Dear Families and Friends,

I have enjoyed a wonderful week 9, visiting classrooms, teaching dance to years 3/4 and visiting camp with our year 5/6 students. We also had a visit from Anita Chin a maths consultant who works with schools all over Australia and she provided professional learning to our teachers in January. This week she worked with teachers in classrooms, demonstrating lessons and providing additional learning on Tuesday afternoon. Our teachers will now take what they have seen and learnt to continue to build upon our whole school practices in maths, developing our use of mathematical language and working across teams in our future planning.

Another consultant we have enjoyed working with is Kath Murdoch who works across the world helping teachers to teach using inquiry, creative thinking and problem solving. Kath is the consultant who challenged us to take the word 'work' out of our school vocabulary and use the word 'learning' instead. Recently she shared some great advice on helping children develop these skills simply by thinking

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about the language we use when children are playing and may need to think about how to be careful and remain safe. I thought I would share an excerpt with you as we head towards the holidays.

### ***What we can say instead of telling our kids to “Be Careful”***

Saying “Be Careful!” to children can be unhelpful to them. First of all, it’s **not specific enough**. “Be Careful!” could mean anything, including “watch out the sky is falling!” and often doesn’t get the response you’re hoping for. They may give you a look of confusion (“What’s there to be afraid of?”), ignore you (“This isn’t scary!”) or start crying (“Something really bad is about to happen!”). Telling children to be careful can also instil fear and may teach kids that they should avoid taking risks, trying new things and making mistakes because bad things could happen. Yes, bad things can happen, but kids need to engage in risky and challenging play for healthy growth and development.

### ***What To Do and Say Instead***

Every time you want to say, “Be Careful!” see it as an opportunity to help your child foster greater awareness of their environment and their bodies. Try saying:

- **Notice how...** these rocks are slippery, the log is rotten, that branch is strong.
- **Do you see...** the poison ivy, your friends nearby?
- **Try moving...** your feet slowly, carefully, quickly, strongly.
- **Try using your...** hands, feet, arms, legs.
- **Can you hear...** the rushing water, the singing birds, the wind?
- **Do you feel...** stable on that rock, the heat from the fire?
- **Are you feeling...** scared, excited, tired, safe?

Your prompts can also help to encourage problem solving, by letting them engage in risky or challenging play and providing ideas to help them practice problem solving skills. Help them out by asking:

- **What’s your plan...** if you climb that boulder, cross that log?
- **What can you use...** to get across, for your adventure?
- **Where will you...** put that rock, climb that tree, dig that hole?
- **How will you....** get down, go up, get across?
- **Who will...** be with you, go with you, help you if?

### ***Autism Awareness Day***

- Sales of bubbles – Tuesday April 9 to Thursday April 11
- Celebration Day – Thursday April 11, 10.30am

Last week we announced that we would be celebrating World Autism Awareness Day on Thursday, April 11. We have invited all students to wear the colour blue and to help our LSUA upgrade their playground by contributing to our Student Leaders’ first fundraiser for the year by purchasing bubble mixture in the lead up to the day. We had planned to start sales next Monday, April 8 but will now be starting on Tuesday, April 9 with students visiting the sales booths in a planned timetable, similar to those used when the P&C hold their Mother’s and Father’s Day stalls. To ensure all students have the opportunity to make a purchase of the bubble mixture and wand, we will continue sales on Wednesday before school, recess, after school and on Thursday before school. Prices range from 50c to \$3.00.



Please see three important notices below our story on our orienteering teams and HeHub Garden special visitor. The first is from the ACT Education Directorate on the consultation process for their *Building Strong and Safe Communities for Learning* project. The second and third notices are from Transport Canberra and City Services with regard to their surveys to assist in planning for safe school routes, including the use of school crossings. As a member of the Active Streets for Schools Program it is important our voices are heard through completing these surveys which only take a few minutes each.

Thank you and have a great weekend.

*Tania Collis*

Principal



### Orienteering

Congratulations to the 3 North Ainslie teams that participated in the recent SC-ORE schools orienteering. This was held over 4 weeks each Thursday morning around Canberra and the kids had a lot of fun exploring new school grounds. Our most experienced team of Eloise H, Isla OD, Zebulon V and Archie LS came 8th overall moving up from mid field last year. Our other 2 teams learnt a lot and we look forward to them using their new skills in the next round in Spring. Registrations are now open for the Spring SC-ORE held in Term 4. - <http://act.orienteering.asn.au/juniors/blue-sparks/sc-ore/>



### Hehub Garden Special Visitor

Our Green Team had a special visitor. Sue Kelly from Bunnings arrived at our Hehub garden bearing gifts of all sorts. Straw, compost, seeds, water crystals and lots of other garden loving products were kindly donated by Canberra Airport Bunnings. Sue then gave a demonstration on how to plant seeds into peat pellets, which the Green Team quickly took over, to plant trays of seeds and feed our hungry plants with a good dose of Seasol. Thanks Sue! We had lots of fun and very much look forward to collaborating on future projects.

### ACT Parents and Citizens and the Education Directorate working together for safer schools.

*Building Strong and Safe Communities for Learning* is a partnership project between the ACT Education Directorate and the ACT Council of Parents and Citizens Associations (P&C). It focuses on all of us - parents, students, principals and teachers - working together to reduce violence and bullying in schools. An initial workshop discussed the key issues, what is working well or not working well, and who contributes to these. A second workshop with representatives of the P&C Council and the Education Directorate considered the outcomes of the first workshop to help prepare for further conversations with our school community.

We want to make it easy for anyone who wants to have a say to be given the opportunity to be involved. There are two remaining workshops you may wish to attend:

- On 9 May 2019, 8:30am – 4:30pm the workshop will explore the key question “*How might we reduce and respond to violence in schools and co-create strong and safe communities for learning?*”.
- In June 2019 a 2 – 3 hour showcase will highlight what we have learned. It will enable participants to attend at different times during the day.

If you require any further information, or if you wish to attend the 9 May or June workshops, please contact Ms Leanne Ballard on [Leanne.ballard@act.gov.au](mailto:Leanne.ballard@act.gov.au) or 6205 2912 by 12 April, last day of Term 1.

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## Transport and City Services – Surveys

### *School travel and safety survey*

Transport Canberra and City Services has engaged First Person Consulting to conduct research into parents' attitudes to their children's active travel to and from schools. Part of this is investigating the role that crossing supervisors have in improving safety around schools, and the extent to which parent's attitudes to children travelling actively change as a result. You may have completed a similar survey last year, this is the final survey as part of the evaluation to gauge parent perceptions about safety around schools. To complete the survey please click [here](#), or copy and paste the following link into your browser: <https://www.surveymzmo.com/s3/4828047/School-Crossing-Supervisor-Survey-Control-Feb19>



**The survey will not collect any identifiable information, and all responses will be kept confidential.**

### *Feedback requested – Active Streets*

The Active Streets for Schools program is an infrastructure program – supported by educational resources – to make it safer and easier for children to walk or ride to school. We are lucky that our school will be supported by the program over the next four years. Active Streets helps to make school environments safer and more accessible by providing a range of tailored solutions depending on the school and local environment. Improvements may include new or improved footpath connections, more dedicated crossings or traffic calming (e.g. speed humps) to ensure the trip is safe and easy for children to navigate.

To commence the program, Transport Canberra and City Services (TCCS) would like to discover how children currently travel to and from school and find out where you think improvements can be made around the suburb and the school. TCCS have set up a [survey](#) to gather this information. All the information collected will be de-identified and confidential. The final survey question asks about the type of infrastructure improvements our community would like considered through the program. To complete this question you can either:

- Provide an explanation in the text field in the survey, or
- Drop a pin on our [Ride or Walk to School map](#) and provide a comment

To drop a pin on the map, you will need to be signed in to a Google account, which is as simple as signing up if you don't already have one. More information about setting up an account and dropping a pin on the map is available in [these instructions](#). TCCS will also welcome feedback about our Ride or Walk to School map, so please use the drop pin feature to comment on the highlighted routes. Alternatively you can print our map, write on the map and return it to [TCCS](#).

[Complete Survey](#)  
<http://bit.ly/AS-survey>

Thank you in advance for your time in completing these surveys. If you have any questions please contact the [TCCS Schools Program](#).

**Changes to public transport**



From the beginning of Term 2, the ACT Government will be introducing the new integrated public transport network which will include bus and light rail services operating together. As part of this upgrade, the way students will get to school by public transport will change from Term 2, 2019. Some students will use different routes, make connections between services or use light rail for the first time. Every student who will use public transport needs to be aware of the changes.

*What do you need to know?*

Bus services will change for the beginning of Term 2.

- The change to services will include dedicated school services for the commencement of Term 2 on 29 April 2019.
- The new timetable information will be available on line from early March, including an improved online journey planner.
- Information about services for each school is available online at [www.transport.act.gov.au/getting-around/new-network/schools](http://www.transport.act.gov.au/getting-around/new-network/schools).
- Light rail services are being tested now and you can find out more about safety for pedestrians, cyclists and drivers around light rail online at [www.canberra-metro.com.au/safety](http://www.canberra-metro.com.au/safety).

**P & C NEWS**

**Election Day Fair Planning meeting...**we are holding a planning meeting next Sunday, 7th April at 4pm at Edgars Inn, Ainslie. Please feel free to join us.

*Thanks Nicola and the P&C*



**TERM 1 HEHUB CANTEEN MENU (Open Wednesday, Thursday Friday)**



**Recess**

A selection from the following:

Frozen Peas 'n' corn cup	\$1.00	Fruit of the day / Apple slinky	\$0.50 / \$1.00
Pikelets, Popcorn (VG)	\$0.50	Toasties	\$1.00
Frozen fruit cup	\$1.00	Vanilla Yogurt (V, GF)	\$2.00
Banana muffin (v, DF)	\$1.00	Cheesy Corn Fritters	\$0.50

**Lunch**

Vegie sticks	Free	Fruit of the day	\$0.50
Vegemite sandwich (VG)	\$2.00	Vanilla Yogurt (V, GF)	\$2.00
Tex Mex toasted wrap(V)	\$2.50	Milk bottle (150ml)	\$1.50
Soy milk (VG)	\$2.50	Tuna & cheese toasted sandwich	\$3.50
Smoothies \$2.00 (collect from canteen)			

**Daily Lunch Special- \$3.50**

**Wednesday:**

*Pizza(V)*

**Thursday:**

*Italian chicken toasted sandwich (DF)*

**Friday:**

*Veg Sushi (VG),*

*Tuna Sushi (GF)*

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After Hours Program

- Ainslie Karate School -  
Karate After School Program [KASP]  
 3:00 – 6:00pm

**\*\*\* Now enrolling Term 2-19 \*\*\***

“We pick-up from School,  
 children have afternoon tea and karate lesson,  
 you collect by 6pm.”

Bookings required:

**Download enrolment form via website:**

w: [www.canberrakyokushin.com.au](http://www.canberrakyokushin.com.au)

e: [info@canberrakyokushin.com.au](mailto:info@canberrakyokushin.com.au)

When:

★ MONDAYS TERM 2  
★ Beginning 6th May

Where:

Bindubi Street,  
Cook Hill, on the Aranda  
Bushland Nature Reserve  
car park

**BEGINNING:**  
4pm to 4.50pm  
(New to Rollerskiing and  
Laser Biathlon)

**DEVELOPMENT /  
MASTERS:**  
4pm - 5.30pm  
Competent at rollerskiing




## Biathlon ACT Roller Skiing and Laser Biathlon Mini Champs to Masters Monday

Cost:

Beginning - \$10  
Development -\$20  
Masters - \$20



#MoveItAUS #findyour30

“Children should accumulate at least 60  
minutes of moderate to vigorous intensity  
physical activity every day.” *Sport AUS*

Laser Biathlon equipment provided

Registration and further details  
[https://www.nswbiathlon.com.au  
/events/39419/](https://www.nswbiathlon.com.au/events/39419/)

Rollerskis, boots, poles  
can be provided






Coordinated by Olympic  
Athlete/Coach -  
Cameron Morton  
Coaching by -  
Youth Winter Olympian  
Darcie Morton,  
World Junior Championship  
representatives Archie Gordon  
& Bentley Walker-Broose

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